



HITT

THE NEW YEAR Right

Join us on January 30 from 11 a.m. - 1 p.m. at Boyette Park for a head to head HITT challenge. This challenge will consist of the 7 foundational movements and more.

We encourage participants to arrive with their opponent of choice.

HIGH INTENSITY
Active Duty Only!

For more information call
(229) 639-6234