




July 2018 MCCS Calendar of Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 	5	6	7
8	9 Anger Management 9 am call xt 7935 Nurturing Parenting & Benefits of Breastfeeding 9 am call xt 6257	10 Boots 2 Business 8:30 am call xt 5767 Substance Abuse Support Group 11:30 am call xt7941 Seeking Safety 2:30 pm call xt 8896	11 Boots 2 Business 8:30 am call xt 5767 Healing through Art 9am call xt 8896 Back to School Basics 11:30 am call xt 7935 Intramural Volleyball Coach's Meeting 12 pm call xt 5246	12 Grief Support 10 am call xt 8896 Kids Grief Support 3 pm call xt 8896	13 HITT Stars & Bars Workout 6 am call xt 6234 Anger Management 9 am call xt 7935	14 Swim Lesson 9 am call xt 6234
15 Swim Lesson 9 am call xt 6234	16 Anger Management 9 am call xt 7935	17 Substance Abuse Support Group 11:30 am call xt7941 Seeking Safety 2:30 pm call xt 8896	18 Self Care Lunch & Learn 11:45 am xt 8896 Deadlift Competition 11:30 am call xt 6234	19 Welcome Aboard Brief 9 am call xt 5278 Grief Support 10 am Call xt 8896 Stress Management for Moms 10:30 am call xt 7935 Kids Grief Support 3 pm xt 8896 SNCO Birthday Celebration 4:30 pm call xt 5227	20 Finance Friday 9 am call xt 6440 Anger Management 9 am call xt 7935	21 Swim Lesson 9 am call xt 6234
22 Swim Lesson 9 am call xt 6234	23 Anger Management 9 am call xt 7935	24 Military Child Educational Summit 5 pm call xt7497 Substance Abuse Support Group 11:30 am call xt7941 Seeking Safety 2:30 pm call xt 8896	25 How to Deal with Difficult People 11:30 am call xt 7935	26 PCS Brief 9 am call xt 5278 Grief Support 10 am Call xt 8896 Kids Grief Support 3 pm xt 8896 Parent Advisory Board Meeting 4 pm call xt 7930	27 Anger Management 9 am call xt 7935	28
29	30 Anger Management 9 am call xt 7935	31 Substance Abuse Support Group 11:30 am call xt7941 Back to School Basics 1 pm call xt 7935 Seeking Safety 2:30 pm call xt 8896				