



RAISING RESILIENT AND CONFIDENT TEENS

Does your teen seem like he/she is becoming a different person ?

Does all your discussions turn into arguments?

This three session series will teach you ways to better communicate with your teen while at the same time empowering him/her to be an active participant in the family.

Sessions

September 10: Positive parenting Teens

September 17: Raising Resilient Teens

September 24: Raising Confident Teens

Register by August 31

11:30 AM—1:00 PM

Chapel Annex, Building 7260

For more information call

(229) 639-7935